

## Pre-Op Instructions

Welcome to Nomad Wisdom Teeth, your trusted partner for wisdom teeth removal in Dallas, Fort Worth, and Austin. Our team is dedicated to providing top-notch dental care, ensuring your comfort and safety throughout the procedure. We've outlined detailed pre-operative instructions below to help you prepare for your wisdom tooth removal.

## Understanding Wisdom Tooth Removal

Wisdom tooth removal, or third molar extraction, is a common dental procedure that addresses overcrowding, impaction, and infection caused by wisdom teeth. While the procedure is routine, proper preparation is essential to ensure a smooth and successful outcome.

## Pre-Operative Instructions

- 1. Consultation and Evaluation:** Before your wisdom tooth removal, you will undergo a thorough consultation and evaluation with your oral and maxillofacial surgeon. During this appointment, we will assess your oral health, discuss your medical history, and explain the procedure in detail. This consultation is also an opportunity to ask questions or address concerns.
- 2. Medical History Review:** It is crucial to provide accurate information about your medical history, including any medications you are currently taking, allergies, and past surgeries. This information will help your oral and maxillofacial surgeon tailor the treatment plan to your specific needs and minimize the risk of complications during the procedure.
- 3. Pre-Surgical Instructions:**
  - **Fasting:** Typically, you will be required to fast for at least 8 hours before the procedure. This fasting includes refraining from eating or drinking anything, including water, to prevent anesthesia-related complications.
  - **Medication:** Follow any medication instructions provided by your oral and maxillofacial surgeon. You may be asked to discontinue certain medications, such as blood thinners, prior to the procedure to reduce the risk of excessive bleeding.
  - **Transportation:** Arrange for someone to drive you to and from the appointment. Due to the effects of anesthesia, you will be unable to drive yourself home after the procedure.
- 4. Comfort Preparations:** To ensure your comfort during the recovery period, consider preparing a post-operative care kit ahead of time. This kit may include soft foods, ice packs, pain medication, and gauze pads. These readily available items will help alleviate discomfort and promote a speedy recovery.
- 5. Follow-Up Appointment:** After your wisdom tooth removal, you will schedule a follow-up appointment with your oral and maxillofacial surgeon to monitor your progress

and address any concerns. This is an essential step in ensuring optimal healing and long-term oral health.

## Why Choose Nomad Wisdom Teeth

At Nomad Wisdom Teeth, we understand that undergoing oral surgery can be daunting. That's why we prioritize patient comfort, safety, and satisfaction above all else. When you choose us for your wisdom tooth removal, you can expect:

- **Expertise:** Our oral and maxillofacial surgeons are highly skilled with extensive experience in wisdom tooth removal. You can trust that you are in capable hands every step of the way.
- **State-of-the-Art Facilities:** Our clinic has the latest technology and amenities to ensure a comfortable and stress-free patient experience.
- **Personalized Care:** We believe in treating each patient as an individual with unique needs and concerns. Your oral and maxillofacial surgeon will work closely with you to develop a personalized treatment plan tailored to your specific oral health goals.
- **Compassionate Support:** Our team is committed to providing compassionate and attentive care from the moment you walk through our doors. We are here to answer your questions, address your concerns, and provide support throughout your treatment journey.

## Wisdom Teeth Removal in Dallas, Fort Worth, and Austin

If you're considering wisdom tooth removal in Dallas, Fort Worth, or Austin, trust the experts at Nomad Wisdom Teeth. With our expert oral and maxillofacial surgeons and our dedicated team by your side, you can achieve a healthier, happier smile. Contact us today to schedule your consultation and take the first step toward optimal oral health.